

**Orthopedic Centers of Excellence: The Best Trained Orthopedists, The Finest Care**



## FOOT & ANKLE CENTER

### LEAD BY A FELLOWSHIP-TRAINED ORTHOPEDIC FOOT AND ANKLE SURGEON

Coastal Orthopaedics is proud to have Dr. Jay Kleeman, one of the few fellowship-trained orthopedic foot and ankle surgeons in Fairfield County. His extensive training and experience enables him to offer both surgical and nonsurgical solutions to the wide variety of conditions that may affect you and your family. Foot and ankle conditions can range from fairly straightforward tendonitis and sprains, to complex arthritic conditions, tendon injuries and deformities, such as severe flat feet, bunions, and hammertoes.

Dr. Kleeman trained at one of the country's premier foot and ankle fellowship programs, with Drs. Mark Myerson and Lew Schon, both past presidents of the American Orthopaedic Foot and Ankle Society. In addition, he did training at the Maryland Shock Trauma Center, in Baltimore. It is because of Dr. Kleeman's experience that Coastal Orthopaedics has become a major referral resource for complex foot and ankle trauma, including ankle, calcaneus, talus, metatarsal, and Lisfranc fractures and dislocations.

While many people are familiar with hip and knee replacement surgery for arthritis, few know that one of the most exciting recent advances in orthopedics has come in the development of durable and effective ankle replacements. Dr. Kleeman has over 15 years of experience with ankle replacement surgery and is familiar with all of the latest designs and techniques. Where in the past, patients with

#### Our Physicians: Foot and Ankle Center

T. Jay Kleeman, M.D.

debilitating ankle arthritis were treated with fusion, they may now have an option that relieves pain while maintaining mobility of the ankle joint.

And because no two cases are exactly alike and no two patients have the same goals, at Coastal Orthopaedics' Foot & Ankle Center you will find individualized treatment to help you and your family maximize your potential for an active lifestyle. We offer non-operative options including medical and injectable treatments, physical therapy, bracing and orthotics. And, when non-operative treatment is no longer an option, only a highly trained foot and ankle surgeon can achieve consistently superior results.

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#### Coastal Orthopaedics, PC

203 845-2200 [www.CoastalOrthoCT.com](http://www.CoastalOrthoCT.com)

- 761 Main Ave, iPark, Norwalk, Connecticut 06851
- 131 Kings Highway North, Westport, Connecticut 06880
- 36 Old Kings Highway South, Darien, Connecticut 06820
- 30 East Avenue, New Canaan, Connecticut 06840

#### Coastal Ortho Express Walk-In

203 845-2070 [www.CoastalOrthoExpress.com](http://www.CoastalOrthoExpress.com)

- 761 Main Ave, Suite 115, F Entrance, iPark, Norwalk, Connecticut 06851
- 36 Old Kings Highway South, Darien, Connecticut 06820

#### Coastal Hand Therapy Center

203 845-2200

- 761 Main Ave, iPark, Norwalk, Connecticut 06851

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