

**Orthopedic Centers of Excellence: The Best Trained Orthopedists, The Finest Care**



**THE HAND CENTER**  
**HAND, WRIST AND ELBOW SURGERY AND TREATMENT**

The Hand Center at Coastal Orthopaedics offers expertise from fellowship-trained board-certified and specialty-certified orthopaedic surgeons. Our doctors treat all problems related to the upper extremity – from the shoulder to the finger tip—and are subspecialists in hand surgery.

The Hand Center at Coastal Orthopaedics makes use of a multidisciplinary approach to hand and upper extremity care. Treatment begins with evaluation by an experienced physician. Dr Paul Protomastro and Dr Michael Soojian have provided hand and upper extremity related care in the greater Norwalk area for over 10 years. Whether the ailment they are presented with is simple or highly complex, the doctors and their support staff work with their patients to make an accurate diagnosis. On site diagnostic tools such as standard X-ray, musculoskeletal ultrasound and nerve conduction testing/ electromyography are utilized on a case by case basis.

Our doctors pride themselves on creating thorough and conservative treatment plans. If and when surgery becomes necessary, it is typically performed on an outpatient basis in a nearby ambulatory surgery center.

Also integral to our patients' care is our highly skilled team of certified hand therapists who help guide our

**Our Physicians: The Hand Center**

- Paul D. Protomastro, M.D.
- Michael G. Soojian, M.D.

patients toward fast and complete recovery. After an evaluation by one of our hand therapists, a comprehensive therapy program can be instituted to aid in recovery from injuries and surgery, to relieve pain from arthritis and tendonitis, and to educate in proper ergonomic adjustments in the work place.

*Treatment at Coastal Orthopaedics's Hand Center begins with a thorough evaluation to uncover the even most difficult diagnoses and to formulate a personalized treatment plan.*

**Coastal Orthopaedics, PC**

203 845-2200 [www.CoastalOrthoCT.com](http://www.CoastalOrthoCT.com)

- 761 Main Ave, iPark, Norwalk, Connecticut 06851
- 131 Kings Highway North, Westport, Connecticut 06880
- 36 Old Kings Highway South, Darien, Connecticut 06820
- 30 East Avenue, New Canaan, Connecticut 06840

**Coastal Ortho Express Walk-In**

203 845-2070 [www.CoastalOrthoExpress.com](http://www.CoastalOrthoExpress.com)

- 761 Main Ave, Suite 115, F Entrance, iPark, Norwalk, Connecticut 06851
- 36 Old Kings Highway South, Darien, Connecticut 06820

**Coastal Hand Therapy Center**

203 845-2200

- 761 Main Ave, iPark, Norwalk, Connecticut 06851

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