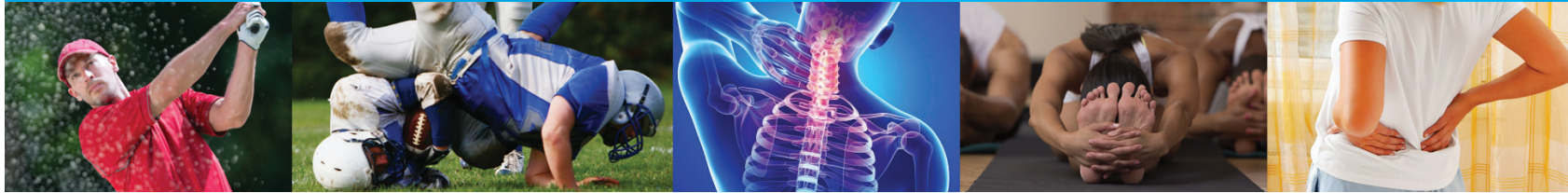


Orthopedic Centers of Excellence: The Best Trained Orthopedists, The Finest Care



THE SPINE CENTER

COMPREHENSIVE INTERVENTIONAL AND SURGICAL SPINE CARE

The conditions that affect the spine are many and varied. The diagnosis and treatment, of which, requires a distinct expertise. Our Spine Center physicians at Coastal Orthopaedics have developed the most highly regarded practice in Connecticut of comprehensive interventional and surgical techniques to address all conditions affecting the cervical, thoracic and lumbar spine.

Brian A. Bast, DO is our board-certified physiatrist. Dr. Bast, bolstered with his extensive training from the Spine Institute of New York at Beth Israel Medical Center, has fostered a strong and compassionate non-operative and interventional spine management program covering the cervical, thoracic, and lumbar spine. Dr. Bast's focus is both on the immediate and long-term reduction in pain and restoring function associated with painful spinal conditions. Dr. Bast is an expert in performing treatments such as cervical, thoracic and lumbar epidural steroid injections, foraminal nerve blocks, facet joint injections, medial nerve blocks and radio-frequency ablation.

Robert L. Brady, MD is our board-certified spine surgeon. Dr. Brady, who had similar expert surgical fellowship training from the Spine Institute of New York at Beth Israel Medical Center, has developed one of the top spine surgical practices in the region. With the combination of neurosurgical and orthopaedic techniques, Dr. Brady has

Our Physicians: The Spine Center

Brian A. Bast, D.O.
Robert L. Brady, M.D.

established an expertise in treating all pediatric, adolescent and adult conditions of the spine related to degeneration, deformity (e.g. scoliosis), trauma and tumor. Finally, Dr. Brady has risen to the forefront of minimally invasive spine surgery, which allows for maintenance of more normal tissue with an expedited patient recovery.

At The Spine Center at Coastal Orthopaedics you will also find exceptional compassionate and integrated care. Patients receive highly personal attention to address their unique problems and concerns.

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Coastal Orthopaedics, PC

203 845-2200 www.CoastalOrthoCT.com

- 761 Main Ave, iPark, Norwalk, Connecticut 06851
- 131 Kings Highway North, Westport, Connecticut 06880
- 36 Old Kings Highway South, Darien, Connecticut 06820
- 30 East Avenue, New Canaan, Connecticut 06840

Coastal Ortho Express Walk-In

203 845-2070 www.CoastalOrthoExpress.com

- 761 Main Ave, Suite 115, F Entrance, iPark, Norwalk, Connecticut 06851
- 36 Old Kings Highway South, Darien, Connecticut 06820

Coastal Hand Therapy Center

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